



**Registration Form**

**Spring Education: Mirror Box Therapy, Thumb Arthritis (with a Splinting Lab) and “So What To Do Next? Treatment From the Initial Evaluation to Discharge.”**

**April 3, 2010**

—Please register by ASAP—  
(seating maybe limited)

**Attending: (please circle)**  
**Tulsa OKC**

Name: \_\_\_\_\_

\_\_\_\_\_ OTR \_\_\_\_\_ COTA \_\_\_\_\_ STUDENT  
Other: \_\_\_\_\_ PT \_\_\_\_\_ PTA

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Cell: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

**PAYMENT:** AMOUNT \$ \_\_\_\_\_

\_\_\_ Cash \_\_\_ Check Number \_\_\_\_\_

\_\_\_ Visa \_\_\_ MC

Name on Card \_\_\_\_\_

Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Please mail registration form with check or money order to the following address or pay online at [www.okota.org](http://www.okota.org)

Oklahoma Occupational Therapy Association  
P.O. Box 2602  
Oklahoma City, OK 73101-2602

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**Oklahoma Occupational Therapy Association**

**Spring Education:**

**#1 So What To Do Next? Treatment From the Initial Evaluation to Discharge**

**#2 Mirror Box**

**#3 Therapy, Thumb Arthritis**

**Tulsa and Oklahoma City**

**April 3, 2010  
8:30 a.m.—2:45 p.m.**

**(OTA business meeting immediately following)**

## MEETING LOCATIONS

The April 3, 2010, quarterly meeting will be held at two locations across the state.

**Oklahoma City**—will be held at the OU 1047 1200 N. Stonewall, Oklahoma City, OK (405-271-2131, ext. 47111) . Parking is on the east side of the building off of Everest.

**Tulsa**—will be held on the OU Schusterman Center, 4502 E. 41st Street at 41st and Yale, Tulsa Learning Center Auditorium, Tulsa, OK (918-231-1300)

### IF YOU WOULD LIKE A MAP

E-mail the OOTA Office at:  
Mcollier05yahoo.com or call 918-231-1300

## MEETING FEES

Refund Policy: Full refund, less a \$25 *administration fee, up to one week prior to course date.*

*No refund for cancellations less than one week prior.*

*Course Fee includes the lab fee.*

MEMBERS	
OOTA and OPTA Members	\$90.00
Student Members	\$15.00
NON-MEMBERS	
OOTA and OPTA Non-Members	\$100.00
Student Non-Members	\$25.00

*Late Fees and At the Door:: add \$25 for OT and OTA's and \$10 for students. A box lunch will be provided for pre-registration attendees.*

## COURSE SCHEDULE

7:45—8:30	Registration
8:30—10:00	Course #1
10:00—10:15	Break
10:15—11:45	Course #2
11:45 —1:15	Lunch
1:15 — 2:45	Course #3
2:45 —3:00	Break
3:00—4:00	Business Meeting

**4.5 Contact Hours for Course**  
**1.0 Contact Hour for Meeting**

## COURSE OBJECTIVES

### #1 So What Do I Do Next? Treatment From The Initial Evaluation to Discharge

**Description:** Participants will participate in lecture, demonstration, and group discussion of EBP (Experienced Based Practice, with some Evidence here and there) to facilitate the patient's best outcome from Admission to Discharge

**Objectives:**

1. Participants will demonstrate skills in evaluating a patient's learning levels relevant to therapy.
2. Participants will state understanding of hierarchy for treatment progression.
3. Participants will be able to list at least three methods of providing feedback to patient regarding progress.
4. Participants will be able to list at least three resources for home program education.

### #2 Mirror Box Therapy

Recent research in neurological and therapy journals report significant improvement for patients that use a mirror as part of their rehab. Learn how this technique can be easily incorporated into your treatment.

**Objectives:**

1. Learn how using a mirror can help facilitate neurological re-mapping to decrease pain and improve movement for patients with CRPS, hand injuries/surgeries, arthritis and CVA and more.
2. Learn how to make your own mirror box.
3. Learn treatment strategies and exercises for the mirror box.

### #3 Thumb CMC Arthritis

**Description:** This common condition can significantly benefit from early treatment and splinting. Learn how to evaluate thumb function and the types of splints/exercise can be the most beneficial. Participants will be making a splint.

**Objectives:**

1. Learn how to recognize structural issues affecting functional thumb/hand use and ways to evaluate the thumb.
2. Learn the different types of splints for CMC arthritis and fabricate a splint.
3. Learn important patient education principals and exercise to include in a comprehensive treatment plan for CMC arthritis.

## COURSE SPEAKERS

### Kay Neldon, OTR/L, CHT

Kay is a 1986 BS OT graduate of The University of Oklahoma. After working as a hospital-based OTR in Indianapolis, she lived and worked in Joplin Missouri for several years, specializing in hospital-based outpatient OT. She became a Certified Hand Therapist in 1996. She returned home to Oklahoma to work as an OTR/ CHT in 1997 and currently lives in Owasso, employed by ReAction Physical Therapy. She enjoys her family, community theater, quilting, and photo albums; she does not enjoy sitting through boring seminars.

### Kris Siegenthaler OTR/L,MS,CHT,CLT

Kris is an occupational therapist at George Nigh Rehab Center in Okmulgee, OK. She has practiced for over 20 years in a variety of settings with a focus on out-patient UE rehab. She is a certified hand therapist and lymphedema therapist

*Seating may be  
limited - so register  
early.....*