

**COTA Representative Report**  
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OTA offers great opportunities for continuing education. The topic at the February 2, 2008 OTA quarterly meeting was, "Professional Development Toolkit Using AOTA, NBCOT, & Oklahoma Licensure Professional Development Tools." Have you met the NBCOT and Oklahoma Licensure requirements? If not, now is the time to put your plan in action!

**NBCOT:**

1 PDU = 1 contact unit = 1/10 of CEU  
1 contact equals at least 50 minutes.  
Requires 36 hours of professional development activities every three years. (18 PDUS need to be OT specific.)

**State Licensure Board:**

1 CEU = 10 contact hours  
1 contact hour = 60 minutes  
A point is the equivalent of 1 contact hour.  
Requires 20 contact hours every two years.

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